

# 2026 Fellows Nomination Form

COMPLETE

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The Michigan State Bar Foundation is currently seeking nominations for the Class of 2026 Fellows. ONLY active Fellows are eligible to complete the nomination form. Nominations may not be submitted by persons related by blood or marriage to the nominee.

Following is the criteria for the Fellows Program:


- \* Attorneys who have demonstrated professional excellence.
- \* Attorneys who serve their community.
- \* Attorneys who practice law for a minimum of 10 years.
- \* Attorneys who are in good standing with the State Bar of Michigan.

Please answer each question as thoroughly as possible.

### CREATED

 PUBLIC  
May 21st 2026, 8:43:25 pm

### IP ADDRESS

 184.175.144.162

#### \* Nominee's Name:

Elizabeth A Kitchen-Troop

#### \* Nominee's P Number (please enter number only):

67570

#### \* Nominee's Email Address:

ekitchen@kitchensharkey.com

#### Nominee's Address:

3011 Miller Rd.  
Ann Arbor  
MI  
48103  
United States

#### \* Total Years Admitted to Practice Law (a minimum of 10 years required). Also, include in your total the years practiced out of state.

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#### Do you have a vitae, resume or bio for your Nominee? If not, you will be asked to answer additional questions below.

Yes

#### Upload Your Nominees Bio

#### Provide below a link to your nominee's bio:

<https://kitchensharkey.com/attorneys/elizabeth-kitchen-troop/>

#### Please list State Bar, local or affinity bar associations and other community activities:

(No response)

**Please list legal teaching, publications, professional recognition and/or memberships:**

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(No response)

**\* PROVIDE A BRIEF SUMMARY OF WHY YOU BELIEVE THIS CANDIDATE SHOULD BE CONSIDERED FOR MEMBERSHIP IN THE FELLOWS PROGRAM:**

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Several years ago, I met Elizabeth's father (the late Leonard Kitchen) through his Equine Law practice; he and his family owned a Morgan horse farm, and he was probably Michigan's 1st "Equine Law" practitioner. He would be immensely proud of Elizabeth, his daughter; She may not have selected Equine Law as a practice area, but she has nonetheless made her mark in the legal profession through her leadership and family law practice. She is a Past President of the Washtenaw County Bar Association. Past President of the Women Lawyers Association of Michigan- Washtenaw Region, Chair of the State Bar of Michigan Modest Means Committee and Washtenaw County Bar Assoc. Modest Means Committee. She previously served as Chair of the State Bar of Michigan Affordable Legal Services Committee. Of special interest to me, in addition, is that she is a past recipient of the State Bar of Michigan's Kimberly M. Cahill Bar Leadership Award. She, too, possesses the qualities that might some day make her MSBF board material. For now, I hope you'll invite her to become a MSBF Fellow.

**\* Nominator's Name:**

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Julie I. Fershtman

**\* Nominator's P Number (please enter number only):**

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39282

**\* Nominator's Email Address:**

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jfershtman@fosterswift.com

## Elizabeth Kitchen-Troop



**Elizabeth Kitchen-Troop** focuses on divorce and complex custody disputes. She has extensive litigation experience, making her a standout among her peers as a highly-skilled negotiator and litigator, a lawyer who is able to reach favorable results for her clients both in and out of the courtroom. She excels in mediation and also works as an arbitrator, parenting coordinator and guardian ad litem. She is a vigorous advocate for her clients' interests.

Elizabeth comes by her love of the law naturally. Her father, Leonard Kitchen, practiced law in Dexter, Michigan for over 35 years. Following her graduation from law school in 2004, she joined her father's practice in Dexter where she honed her expertise in assisting clients. After she assisted him in winding down his general practice, she opened her own firm, focusing her practice on family law, criminal law, abuse/neglect proceedings, landlord/tenant matters, wills and trusts and other small business matters. Beginning in 2006, she joined Kline Legal Group as an associate attorney, where she remained until 2019.

In her 16 years of practice, family law remains Elizabeth's true passion. Elizabeth believes divorce and custody issues are immensely stressful and yet the agreements or Orders reached impact the parties and their children for a lifetime. Family law attorneys see the best people on their worst behavior. Having mediated hundreds of cases, she brings a keen ability to see "the big picture"—as both a mediator and litigator—enabling her to creatively and pragmatically fashion family-focused results. Elizabeth knows how to move a family forward, whether by reaching an agreement or litigating the case.

Elizabeth earned her undergrad degree cum laude in psychology from the University of Michigan and her Juris Doctor degree from the University of Toledo College of Law.

### Leadership roles/Community involvement

Elizabeth is very active on a State and local level in the legal community and leads lawyers throughout:

- › Washtenaw County Bar Association, Past President (2016-2017)
- › Women Lawyers Association of Michigan- Washtenaw Region, Past President (2012-2013)
- › State Bar of Michigan, Representative Assembly member (2015-present)
- › Chair of Modest Means Committee, WCBA, 2009-Present
- › Chair of State Bar of Michigan Modest Means Committee
- › State Bar of Michigan, Chair of Affordable Legal Services Committee (2020-2021)
- › 15th District Court Mental Health Treatment Court Advisory Board
- › Elected Council Member, State Bar of Michigan Family Law Council, 2009-2012

### Schedule a Consult

Name \*

First

Last

Email \*

Phone

Message \*

Submit

## Awards & Recognition

Elizabeth is regarded as amongst the best of lawyers in her field. She is honored to have been recognized:

- > Super Lawyers, Rising Star in Family Law, 2011-2018;
- > State Bar of Michigan, Kimberly M. Cahill Bar Leadership Award, 2013;
- > Mary Foster Award, Women Lawyers Association of Michigan, Washtenaw Region, 2017



**COLLABORATIVE PRACTICE  
INSTITUTE of MICHIGAN**  
MEMBER IN GOOD STANDING: 2020

## Speaking Engagements/Seminars

Elizabeth is sought by her colleagues to assist in the education of other lawyers. Her credits include:

- > Speaker, ICLE—Family Law Institute, November 2020 (Evidence 101: Be confident and prepared for your next evidentiary hearing)
- > Speaker, ICLE—Family Law Institute, November 2017 (Managing Clients While the Divorce Case is Pending)
- > Coordinator and Co-host of 2007 WCBA Seminar, "Clients in Crisis: Dealing with Difficult Clients"
- > Coordinator and Co-host of 2008 WCBA Seminar, "Same Gender Issues in Michigan Law"
- > Coordinator and Co-host of 2009 WCBA Bench-Bar Conference
- > Coordinator and Co-host of 2009 WCBA Seminar, "Collection of Fees"